

Auxiliary Newsletter

November-December, 2015
Newsletter for Volunteers

Leesburg Regional
Medical Center
Part of Central Florida Health Alliance

President's Message

It is hard to believe that summer has come and gone and we are now in our Fall/Winter season. How time flies. Well, by this time most of our snowbirds are back and we certainly enjoy seeing our friends and neighbors return. WELCOME BACK TO ALL OF OUR SNOWBIRDS.

Well we muddled through the first phase of the cafeteria remodeling but unfortunate, rumor has it, that there will be a second phase in the not too distant future and I ask all of you to be patient with the situation as it arises and I am sure they will progress within a timely manner. This remodeling will only enhance our hospital's facility and make the necessary additions to allow the cafeteria to better serve the patients, visitors, personnel and of course, our team of volunteers.

We had our General Meeting in September and it went very smoothly. A nominating committee was chosen and they will get to work on selecting a new Board for the coming year of 2016-2017. Jean Tallarico will be your President next year and she certainly is up to the position. We will be in very capable hands.

I look forward to the next months to come. Hopefully we will be able to enlarge our roster, which we know has dwindled due to resignations and illnesses. Please share our need with your neighbors and friends that we are in need of volunteers and perhaps they might like to "give back" a day and enjoy the camaraderie of our organization.

Please bring in your "Proof of Flu Shot" if you had your shot outside the hospital. This information has to be sent to Employee Health so that it is recorded in your file. Once we get the paperwork, a sticker for your badge will be issued. Bring your paperwork into the Officer of the Day's office at your convenience.

Wishing you all a very "Happy and Healthy" Holiday Season!

Remember "Volunteers do make a difference."

Beverly Pailthorpe, President

November 1—change clocks back 1 hour
November 3—Election Day
November 11—Veterans Day
November 26—Thanksgiving
November 29—Advent begins

December 6—Hanukkah begins
December 14—Hanukkah ends
December 24—Christmas eve
December 25—Christmas Day
December 31—New Year's Eve

Hours Report

Total hours as of 8/31/15 3,246,248.5
Auxiliary Hours in Sept. 3,493.5
Grand Total as of 9/30/15 3,249,742.0

Awards

500 Hours Mary Lee Kelso
Dorothy Shook
Robert Wunsch
2,000 Hours Jo Howerton
18,000 Hours Jean Tallarico
24,000 Hours Korky Saunders

Recognitions

2,500 Hours Nancy Garro
Russell Garrow
5,500 Hours Jill Sharp
16,500 Hours Jean Edwards
Marie Butler, Hours Chairperson

Placement Report

The following have completed orientation and are placed as follows:

Linda Griffin—not yet assigned
Jean Tallarico, Placement Chair

Correspondence Report

Medical leave was granted to Marcella Russell. A resignation was accepted from Bob Humiston.

Korky Saunders, Corresponding Secretary

Remembrance Report

Sympathy was extended to Jill Sharpe (daughter).

Korky Saunders, Remembrance Chairperson

Treasurer's Report

Bank Balance 9/30/15	\$20,293.46
Assets	26,348.13
Total Assets	\$46,641.59



11/1 Ken Marecek
Lester Rockwell
11/2 Georgia (Judy) McKenzie
11/4 Sandra Ogden
11/7 Diane Goeldner
Evelyn Ridberg
11/10 Antonio Loreda
11/12 Ken Ryan
11/14 Irwin (Craig) Wolf
11/16 Susan Connelly
Sylvia McCulloch
11/24 Judy Mull
11/26 Dana Stone
Pedro Morales
11/29 Jean Borgen
12/5 Marilyn Leugers
Juanita Willis
12/8 Jean Baynes
12/11 Tobie Koskie
12/12 Kathleen Collins
MaryLee Kelso
12/19 Agnes Foye
Terry Juhl
12/20 Marjorie Brown
Jeanette Frederickson
Karin Stevenson
11/26 Anne Wilson
12/28 Monica Luna
12/30 Joyce Addis
John Soldo
Betty Tyra
12/31 Korky Saunders

Thanksgiving

The holiday is rooted in English traditions dating from the Protestant Reformation. It also has aspects of a harvest festival, even though harvests in New England occur well before the late November date. Days of thanksgiving and special religious services became important during the reign of Henry VIII. It is currently celebrated on the fourth Thursday in November by federal legislation in 1941,

If you are absent, you are to notify your chairperson and obtain a substitute.
If you resign, notify your chairperson and turn in your badge,

Trinkets and Treasures

As I said in our last "blurb", it has been a relatively quiet summer. The foot traffic in our gift shop was greatly "absent" during the renovation of the cafeteria. It had quite an impact on the activity in the gift shop, however, we were extremely happy when the doors opened and it was business as usual.

Our flowers from *Miss Daisy's* are still a great seller. We have been fortunate that *Miss Daisy's* has a couple of new designers and we have seen the results of their work. Remember that the flower of the month is still in the works. \$40.00 will give someone that you love "Flowers of the Month" for a whole year. Again, all the proceeds from this fundraiser, which is LRMC Foundation Ladies in Philanthropy, go directly to the hospital. The ladies in the gift shop will be glad to answer any questions you may have regarding this great fundraiser.

New purses have arrived and they are great. Something for everyone. Great Fall designs. Check them out!

We are trying to bring some different items into the perfume collection. Please let us know if you have something in mind.

Holidays are closing in on us and we are looking forward to the music and festivities. Come in and browse. We are sure you will like the merchandise.

See you around the campus!

Beverly Pailthorpe

Executive Board Positions Open

For the fiscal year 2016-2017, the following positions are open: First Vice President, Recording Secretary and Assistant Treasurer. If interested, please contact one of the following persons on the nominating committee: Georgia Carpenter—365-1760, Barbara Mauger—253-5202, Judy McKenzie—728-4158, Bill Pailthorpe—702-0462 or Korky Saunders—750-2052

Mended Hearts

Mended Hearts held its monthly meeting on Thursday, October 8, at 10 AM at the Wound Care Center. 20 members and guests were in attendance. During our business meeting, members discussed how we can honor Janet McCord, who passed away July 11, 2015. Janet was the heart and soul of our chapter for many years.

Our speaker was J. Randal Wilkerson, who has written a book, *The Heart Failure Recovery Plan*, a successful heart regeneration using metabolic enzymes. Mr. Wilkerson spent several years coming up with his recovery plan. He is a 30 year veteran in Bio-Medical Engineering specializing in High Tech Medical Treatment Systems. It was a very stimulating presentation and many members learned several ways to keep ourselves heart healthy.

Our next meeting will be Thursday, November 12, at 10 AM in the Wound Care Center. Six of our members will discuss what they learned at the 2015 National Mended Hearts Conference held in Orlando this past June. All are welcome to attend.

Michele Klaben, President, Chapter 298

Thrift Shop

The Thrift Shop had a grand opening the first of September. Our goal was to reduce our summer inventory of men's and women's clothing. Winter clothing is now being placed on racks and we are ready for you to stoop by and browse. We have many beautiful items.

We continue to receive many interesting and varied items to our shop. We have sold many of our collectible bears and dolls. We still have some available. They would make ideal gifts for children or for adults into collectibles.

We believe we have some of the "best" clothing available in a thrift shop. We have lovely "holiday wear" for the ladies. We will continue to have our "Fill a Bag" sale the first week of each month. Customers seem to enjoy and look forward to this event.

From now until the end of the year, we will have many attractive and practical gift items for you. Christmas will be our theme from now until December 25th! We'll have items to decorate your tree and your home. Who knows? You may be able to purchase many of your Christmas gifts right here!

We recently received large and extra large seasonal scrubs—mostly Halloween and Christmas. Some very attractive sets are available.

The store will look different so we hope to see "you all" sometime between now and Christmas.

Jo Howerton, Acting Manager

Christmas Day in the United States

The original meaning of Christmas is a special church service, or mass, to celebrate the birth of Christ. The story of the Nativity, or the events surrounding the birth of Jesus, are particularly important in religious celebrations of Christmas. However, many traditions that are around today have their roots in pre-Christian winter festivals. In Roman times, a mid-winter festival was held. This was a relaxing time with a lot of parties and merry making. It was also common to give other people small gifts such as dolls for children and candies for adults. The festival culminated with the celebration of the winter solstice, which fell on December 25 in the Roman calendar. In Scandinavia, a festival called Yule and lasting up to twelve days was held in late December and early January. In this time people burnt logs and held parties. These customs have influenced how Christmas Day is celebrated today in the United States.

The Bible does not give a precise date for the birth of Jesus. It is also unclear when December 25 became associated with the birth of Jesus, although it may have been around two hundred years after his birth. In the early centuries of Christianity, the anniversary of the birth of Jesus was not a cause for celebrations. The idea of turning this day into a celebration started in the early Middle Ages in Europe.

During Reformation and up until the middle of the 1800s, Christmas was often not celebrated because partying and merry making was seen as unchristian. From about 1840, celebrating Christmas became more widespread. December 25 was declared a federal holiday in the United States in 1870. Since then Christmas Day has become a steadily more important holiday.

A wide range of people and objects represent Christmas. These include baby Jesus, the Nativity and the Three Kings, but also Santa Claus, reindeer and elves. Common objects are pine trees, holly, decorations, fairy lights, candles and presents, truly a mix of religion and commerce.